

Flash Eurobarometer 523

Integration of young people into the labour market with particular focus on traineeships



EU27 (26 334 interviews with EU citizens, aged 18-35)

15.03-24.03.2022 | Methodology 

A traineeship is a short work experience, either paid or unpaid, that includes learning and training. It is typically done by young people before starting regular jobs.



78%
of young people have done at least one traineeship



19%
of young people's first work experience was a traineeship



68%
of young people found a job following a traineeship

Traineeships as an opportunity to learn and to find a job

76%



found their traineeship professionally useful

58%



received support to find a job after finishing their traineeship

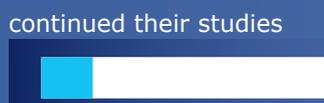
Six months following their last traineeship...

68%



found employment

18%



continued their studies

6%



were unemployed

continued working for the same employer

39%

found a job with another employer

26%

were self-employed

4%

Long and repeated traineeships

% reported that their last traineeship lasted more than 6 months

2013 → **15%**

2023 → **11%**

-4 percentage point



% of trainees who have done repeated traineeships with the same employer (among those who have done multiple traineeships)

37%



Remuneration and access to social protection

% remunerated trainees

2013 → **40%**

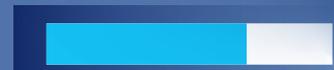
2023 → **55%**

+15 percentage points



70%

of remunerated trainees were paid by their employer

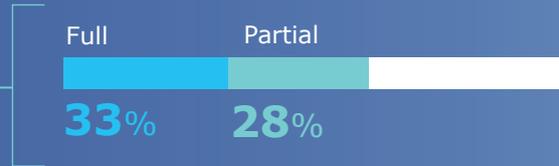


Trainees provided with access to social protection

61%



Full **33%** Partial **28%**



Cross-border traineeships

Completed a traineeship in another EU country

2013 → **9%**

2023 → **21%**

+12 percentage points



Reasons for not doing a traineeship

36%

lack of interest

18%

unable to find one

16%

lack of information

10%

lack of financial resources

Access to traineeships

% of young people who agreed that traineeship opportunities are equally accessible for...

48%

Young people with a migrant background

48%

Young people from disadvantaged socio-economic backgrounds

41%

Young people with disabilities